

ANZA KOREA

COMMUNITY, NETWORKING, CHARITIES

MONTHLY NEWSLETTER

Issue no. 4

October 2020

Message from the president

The weather is changing and I do hope everyone is enjoying the cooler air and autumn colours that slowly creeping into the trees! This month we have focused on Mental Health, as I am sure we can all relate to in some way during this particularly unusual state of the world. I hope everyone was able to celebrate Chuseok, enjoy some time with loved ones, ate some Songpyeon, and taken some time to reflect and be grateful for something in our lives. Keep safe and I hope to see you all soon!

Alex

Coming soon

Our Special Edition Newsletter on Mental Health with Ms. Jiaying Lim from Couchology to answer some questions on mental health. Jiaying is a licensed Clinical (South Korea) and Registered Psychologist (Australia & Singapore). Stay tuned for more.....

ANZA Korea Committee Member Spotlight

Meet Laurita Herwin - Memberships and Registration

Hi there, my name is Laurita Herwin and I moved from Brisbane to Seoul last November. I count myself lucky that I was able to connect with ANZA before the pandemic hit. Right away I felt at home being part of the ANZA community especially when they asked if to be part of the committee, heading up the Membership portfolio. For me, an organisation like ANZA is essential for helping 'new' expats from all corners of the world.

I left the Netherlands in my twenties to live in Australia. The adventure started in Adelaide, then Perth and in the end Brisbane. In between we have lived in South Africa and Turkey and now South Korea. My background is in tourism, marketing and sales. I love the arts, reading a good book and an occasional glass of wine with friends. Stay safe and I look forward to meeting you at one of ANZA's future get-togethers!

Socials

Coffee Morning

Thursday 8 October 2020

10am - 11:30am

Jung-Gu

We are very excited to be holding our Coffee Morning on

Thursday, 8th October between 10 am - 11:30 am

Our October Coffee Morning will be hosted by an ANZA Member. Please, bring a small plate to share.

RSVP essential. Register via our Email: registration@anzakorea.com.

Location will be given after registration

Pink Party Morning Tea

Thursday 29 October 2020

In support of breast cancer awareness

Details to follow

Hui

Sunday 11 October 2020

12pm-3pm

Te Aroha Pub Itaewon

Bledisloe Cup Game- New Zealand vs. Australia



Charity support

Anna's House

Unfortunately, the outreach program for the youth isn't running at this moment due to the Covid-19. Its money is spent for the homeless people who are the one suffering most to survive through this difficult time. It is more than amazing what the Anna's House is doing for the community during the corona crisis. Fr. Vincenzo can't get much help from the city government to continue offering meals for the people in need. Most of all, he is getting difficult getting volunteers to prepare food. Despite all these, he continues offering food for the people.



Note to thanks

Dear Friends of Charity Committee,
Good morning and sorry to be so late in answering to the beautiful gesture of the students of Seoul Foreign School. Specially I would like to thanks the students that in this difficult moment of COVID 19 for two time thought about the neediest in our society: homeless, elder people alone, street children...

The money that you collect all together with a lot of sacrifice and hard work will help us to continue to distribute lunch box for the homeless and the most abandoned people in our society. Every day we prepare 650 lunch box and we distribute them to the poor. Thanks to ANZA Charity Committee and to all students who make this possible.

God bless you and your families.
Vincenzo Bordo



[Visit our website to donate](#)

Pink Party

IN SUPPORT OF BREAST CANCER AWARENESS

29 October

10 am to 11.30 am

As October is Breast Cancer Awareness Month, we will be fundraising and holding a Pink Party morning tea. This year will be different as due to the impact of COVID-19 we lost our main sponsor and are unable to order the hats and fascinators as per our usual "Hat Party". Therefore, we are asking if anyone has any spare hats or fascinators they are willing to donate for our upcoming morning tea? Please keep a headpiece for yourself to wear to the event! We are also accepting donations for our fundraising efforts, please contact us president@anzakorea.com if you have any items for our raffle or if you wish to volunteer or give a cash donation. We look forward to seeing you there.... details to follow soon!



Details
to follow



ANZA Korea continues to work hard behind the scenes supporting our local charities. The last 6 months and adjusting to our new social norm has certainly been challenging for businesses, charities and our community. ANZA Korea remains committed to working with our charities as best we can. We are 100% a non-profit association so we welcome any donations from our community. If you would like to donate, please click on the link below. No amount is too small to help us achieve our mission.



ANZA Korea Member Spotlight

Meet Natalie Forsyth



supportive of each other in this environment by promoting and attending each other's events, and ANZA have been great at posting Kiwi Chamber events on their community webpage. Sometimes there are linkages with our events such as 2019 ANZAC BBQ where funds raised went toward supporting the Gapyeong scholarships.

Food Discovery

Last weekend we had dinner at the new Mondrian hotel complex in Itaewon, the restaurant 'Cleo' was a fantastic Mediterranean mix of fusion food such as lamb Koftas, salted beef/chicken kebabs, great seafood. Really nice flavours and spices from the Middle East and the breads and wine was very good too!

What time of year do you enjoy the most? Favourite places to visit.



Definitely the fall season - it's more settled and not so hot. Each fall our family have made a habit of visiting Nami Island and Seoraksan National park to take in a bit of the fall foliage. Nami Island is about 1.5 hours drive from Seoul and then you can either take a quick ferry crossing or zip line across to the island. The island is its own little republic with heaps to do for families.

Once you get over there you can hire bikes, golf carts and a small train to take in a bit of the fall colour. There are plenty of tracks around the island, animals to feed, an adventure park with many stalls, cafes and huts to stay overnight. Seoraksan, while a further drive from Seoul also has some stunning mountain scenery, walking tracks and a gondola to enjoy from a height.

How long have I been part of ANZA

I joined ANZA mid-2018, soon after arriving in Korea.

What made you want to join ANZA?

I wanted to meet people and with ANZA's annual calendar of social events I decided this was a great way to do it.

What have I enjoyed the most?

Some really fun events from an annual ball, a Four Seasons rooftop bbq and exercise classes ! I work for the Kiwi Chamber and both our non-profit organisations have a natural affinity for raising money & awareness for our respective charities in South Korea. It's nice to know we can jointly contribute to our community. We're very

ANZA Korea Welcomes you!

Memberships

ANZA Korea welcomes all nationalities to come join our community.

Yearly membership is KRW50,000 and begins from 01 August.

Email us at registration@anzakorea.com

How to become a member in 3 steps

STEP 01 Head to our website

www.anzakorea.com
Click the "membership" link



STEP 02 Fill in your details

One membership (KRW50,000/year) covers one household

STEP 03 Transfer payment

ANZA Korea Bank Account Details
Bank: Standard Chartered (SC은행)
Account Number: 100-20-954772
Account Name: ANZA (주한호주뉴질랜드협회)

We also accept cash however, bank transfer is preferred. Unfortunately, credit card is not available as a payment option.

Join us at our next event!

For any questions please email registration@anzakorea.com

